Easy Crochet Baby Mittens: Free Thumbless Pattern, 0 to 12 Months

Crochet a small circle for the fingertips, work the hand straight down in single crochet, draw it in at the wrist and finish with a ribbed cuff. There is no thumb and no seam. In DK yarn on a 3.5 mm hook the 0–3 month mitten is about 12 cm round and 12.5 cm long.

This is our own design. A script checks every round against the one before it and the sizes against published infant hand measurements, and the sizes are estimates worked out from a gauge, so the first thing to check is your own mitten against the size table.

Pick your size

Size	Baby's hand, up to	Mitten round	Mitten length	Cuff	Yarn for the pair
0–3 months	10 cm round, 7.5 cm long	about 12 cm	about 12.5 cm	20 sts, 6 rounds	about 55 m
3–6 months	10.5 cm round, 8.5 cm long	about 12 cm	about 13.5 cm	20 sts, 6 rounds	about 60 m
6–12 months	11.5 cm round, 9.5 cm long	about 14 cm	about 14.5 cm	24 sts, 6 rounds	about 75 m

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The hand lengths are close to the 95th percentile of a published US survey of infant hands, the size only one baby in twenty is bigger than, measured from the wrist crease to the tip of the middle finger. No survey measures infant hands round the knuckles, so that column is worked out from their measured width, and the mittens allow 1.5 to 2.5 cm more round than the hand.

What you need

Every tool our patterns use is on the Crochet essentials (https://crochetbabygifts.com/essentials/) page.

- DK (#3) baby yarn, soft and machine washable, the amount in the size table.

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- A 3.5 mm crochet hook. The hook size chart (https://crochetbabygifts.com/crochet-hook-size-chart/) gives the US letter near it.
- One stitch marker, a blunt tapestry needle and scissors.

Gauge and abbreviations

Gauge: about 20 single crochet and 22 rounds to 10 cm (4 in) on a 3.5 mm hook. We have not measured this on the mittens yet. It is a planning figure from published DK gauges, and every size on this page is worked out from it.

The quick check is round 4: the circle should be about 4 cm across for the two smaller sizes and 4.5 cm for 6–12 months. If it is much bigger or smaller, change your hook by half a size.

US crochet terms throughout. The UK name is in brackets.

- ch: chain. sl st: slip stitch. st(s): stitch(es).
- sc: single crochet (UK: double crochet). hdc: half double crochet (UK: half treble).
- inc: increase, 2 sc in the same stitch. dec: decrease, sc 2 stitches together.
- Magic ring: wrap the yarn round two fingers, work the first round into that loop, then pull the tail to close the hole.
- fphdc and bphdc: front post and back post half double crochet, the cuff's ribbing. The video below shows both.
- 6 (6, 7): the first number is for 0–3 months, the ones in brackets for 3–6 and 6–12 months.

The videos

Diving Ducks Crochet's video makes a different newborn mitten: hers is worked sideways in back-loop rows and sewn up, so its rows and counts are not the ones on this page. If you would rather make a mitten that way, her video shows the whole make from start to finish, and her written pattern is on her own shop.

Watch the video: https://www.youtube.com/watch?v=iiZiLhvumBY

- The back-loop ribbing from 2:37.
- Closing and sewing the mitten from 6:04.

Video: Diving Ducks Crochet, "Easy Crochet Newborn Mittens for Absolute Beginners" (https://www.youtube.com/watch?v=iiZiLhvumBY), 2026, 9 minutes. A different design; the pattern on this page is our own.

The cuff on this page is post stitch ribbing, the same as on our ribbed baby booties (https://crochetbabygifts.com/crochet-ribbed-baby-booties/). CreatiKnit's short video shows

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both stitches.

Watch the video: https://www.youtube.com/watch?v=g5573ZdIx6U

- Front post half double crochet from 0:42, and back post half double crochet from 3:11.

Video: CreatiKnit, "How to Front Post half double crochet and Back Post half double crochet! (FPHDC) (BPHDC)" (https://www.youtube.com/watch?v=g5573ZdIx6U), 2020, 6 minutes. It teaches the stitches, not these mittens; the counts on this page are our own.

The pattern

Make two. Work the hand in a continuous spiral, with a marker in the first stitch of each round, moved up as you go.

1. Fingertips and hand

- Rnd 1: 6 (6, 7) sc in a magic ring. [6 (6, 7) sts]
- Rnd 2: [inc] 6 (6, 7) times. [12 (12, 14) sts]
- Rnd 3: [sc 1, inc] 6 (6, 7) times. [18 (18, 21) sts]
- Rnd 4: [sc 2, inc] 6 (6, 7) times. [24 (24, 28) sts]
- Rnds 5–19 (5–21, 5–23): sc in each st. [24 (24, 28) sts]

The first four rounds make the rounded tip. The plain rounds after them are the hand.

2. Wrist and cuff

- Rnd 20 (22, 24): [sc 4 (4, 5), dec] 4 times. [20 (20, 24) sts]
- Rnds 21–26 (23–28, 25–30): [fphdc around next st, bphdc around next st] around. [20 (20, 24) sts]

Join the ribbing rounds: sl st in the first stitch, ch 2, which does not count as a stitch, then start the round. From the second ribbing round on, the fphdc goes round each stitch that sits forward and the bphdc round each stitch that sits back. Fasten off.

Before the last two ribbing rounds, slip the mitten over your own two or three fingers held together: the cuff has to stretch over the widest part of a baby's hand. If it is tight, work the cuff on a hook half a size bigger.

3. Finishing

Weave the tail at the tip into the inside of the stitches, back and forth through several stitches, then trim it. Weave the cuff tail in the same way. Turn each mitten inside out and check that there are no loose loops or strands inside, then turn it back.

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Made for a baby

- No strings or ties. These mittens have none, and they should not be joined with a cord.
- No small parts. No pompoms, buttons or beads.
- Not too warm. Mittens are for outdoors or for scratching, not for sleeping in a warm room.
- For scratching, the NHS's advice for babies with eczema is to keep nails short and use anti-scratch mittens.

The sources for each point are on our handmade baby gift safety checklist (https://crochetbabygifts.com/handmade-baby-gift-safety-checklist/#safety-sources).

Yarn and time

A 0–3 month pair takes about 55 m. The amounts come from counting every stitch and allowing a published length of yarn per stitch for DK, so they are upper estimates.

It is about 560 stitches a mitten.

Frequently asked questions

Why no thumb? A thumbless mitten has no thumb to fit and goes on in one movement, which is why scratch mittens are made that way.

Will they stay on? The ribbed cuff hugs the wrist. Make the cuff a little tighter, or add two rounds of ribbing, if they slip off.

Is this a good first project? Yes. The hand is single crochet in a spiral; the cuff introduces post stitches, and the video above shows them.

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