Crochet Puff Flower: Free Pattern for a Six-Petal Flower Appliqué

Crochet a small centre of two rounds, change colour, then work six fat puff stitch petals around it, one in every second stitch. In DK yarn on a 3.5 mm hook the flower comes out about 5 cm across. Sew it onto a blanket or a bag, tie it onto a present, or make a few in different colours and string them into a garland.

This is our own design. A script checks every round against the one before it, and the size and yarn are estimates worked out from a gauge.

On a baby's things, sew it on well. Stitch through the centre and the foot of every petal, then pull each petal hard. A flower on a hair clip or a brooch pin is a small part, so keep those for grown-ups. The handmade baby gift safety checklist (https://crochetbabygifts.com/handmade-baby-gift-safety-checklist/) explains why.

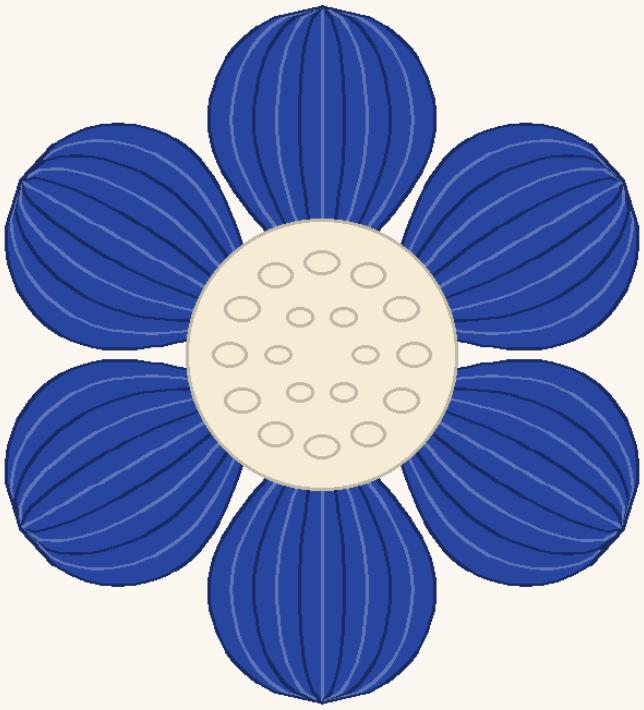
The parts

Part	Rounds	Stitches	Size
Centre	rounds 1–2	6 sc, then 12 sc	about 1.9 cm across
Petals	round 3	6 puffs of 5 loops, ch 3 each side	about 1.5 cm long

You may make and sell what you crochet from this pattern. Please do not republish the pattern.

Puff flower from the front

Drawn to scale: a 12-stitch centre and 6 puff petals of 5 loops each.



About 4.9 cm across: a 1.9 cm centre and petals about 1.5 cm long, each as long as its ch 3.

Measurements from the parts table in this article **crochetbabygifts.com**

Each petal takes two stitches of the centre, one for the petal and one for the slip stitch after it, so six petals fill the 12 stitches exactly.

What you need

Every tool our patterns use is on the Crochet essentials (https://crochetbabygifts.com/essentials/) page.

- DK (#3) yarn in two colours, one for the petals and one for the centre, about the amounts in the yarn section. A cotton keeps the puffs round, and scraps are enough.

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- A 3.5 mm crochet hook. The hook size chart (https://crochetbabygifts.com/crochet-hook-size-chart/) gives the US letter near it.
- A tapestry needle and scissors. For a clip or a brooch, a plain hair clip or a brooch pin back.

Abbreviations

US crochet terms throughout. The UK name is in brackets.

- ch: chain. sl st: slip stitch. st(s): stitch(es). inc: 2 sc in the same stitch.
- sc: single crochet (UK: double crochet).
- Magic ring: wrap the yarn round two fingers, work the first round into that loop, then pull the tail to close the hole.
- Puff: [yarn over, put the hook into the stitch, yarn over and pull up a loop to the height of the ch 3] 5 times, then yarn over and pull through all 11 loops on the hook, and ch 1 to close the puff.

The video

Knitting Life's video makes a daisy with round, puffed petals, each worked from long loops pulled up on the hook. Its counts are not the ones on this page. It is worth watching for how the long loops are pulled up to an even height.

Watch the video: https://www.youtube.com/watch?v=sX1zUCJOxs0

Video: Knitting Life, "Wow!.. Do it in 3 minutes, very beautiful balloon leaf easy daisy crochet. Make awesome decorations" (https://www.youtube.com/watch?v=sX1zUCJOxs0), 2025, 8 minutes. A different design; the pattern on this page is our own.

The pattern

Join each round with a sl st in the first stitch. Start round 2 with ch 1, which does not count as a stitch.

1. Centre

Use the centre colour.

- Rnd 1: 6 sc in a magic ring. [6 sts]
- Rnd 2: [inc] 6 times. [12 sts]

Pull the ring's tail tight so the middle closes. Change colour in the sl st that joins round 2: put the hook into the first stitch, yarn over with the petal colour and pull it through. Cut the centre colour, leaving a 10 cm tail.

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2. Petals

Use the petal colour.

- Rnd 3: [(ch 3, puff, ch 3, sl st) all in next st, sl st in next st] 6 times. [6 petals]

Pull every loop of a puff up to the top of the ch 3 beside it, and all six petals come out the same size. The last sl st lands in the stitch where the round began. Fasten off, leaving a 30 cm tail for sewing.

3. Finish

Weave the centre colour's tail through the back of round 1. Use the long tail to sew the flower on, going through the centre and the foot of each petal.

Yarn and time

A flower takes about 3 m of the petal colour and 1.5 m of the centre colour. The amount comes from counting every stitch and allowing a published length of yarn per stitch for DK, plus the length of every pulled-up loop, so it is an estimate.

It is about 80 stitches, so the flowers are quick to make in batches.

Frequently asked questions

Can I make it with five petals? Yes. Work 5 sc in the ring and [inc] 5 times for 10 stitches, then repeat the petal round's bracket 5 times.

How do I make it bigger? Use a thicker yarn with a bigger hook and the same rounds. Or work ch 4 on each side of every petal and pull the puff loops up to the height of the ch 4.

Why are my petals uneven? The loops were pulled up to different heights. Pull each loop up to the top of the chain beside it before the next yarn over, and keep the yarn loose in your other hand.

Can I make a garland? Yes. Make a chain as long as the garland, then sew flowers along it by their centres, about 10 cm apart.

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